

Publications With Peer Review

- Karlen, Y., & van Loon, M. (2026). Profiles of adolescents' self-regulated learning: Links to achievement and sociodemographic factors. *Learning and Individual Differences, 127*.
<https://doi.org/10.1016/j.lindif.2026.102892>
- Fernández-Ortube, A., Panadero, E., Dignath, C., & Karlen, Y. (2026). Unveiling pre-service teachers' cognitive processes: insights from thinking-aloud protocols on self-regulated learning assessment. *Journal for the Study of Education and Development*.
<https://doi.org/10.1177/021037022614247>
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- Brunner, S. N., Bäuerlein, K., Conti, M., & Karlen, Y. (2025). Measuring individual differences in students' knowledge about self-regulated learning strategies with a digital tool. *Learning and Individual Differences, 119*. <https://doi.org/10.1016/j.lindif.2025.102656>
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- Hertel, S., Reschke, K., & Karlen, Y. (2024). Are profiles of self-regulated learning and intelligence mindsets related to students' self-regulated learning and achievement? *Learning and Instruction, 90*. <https://doi.org/10.1016/j.learninstruc.2023.101850>
- Rosenthal, A., Hirt, C. N., Eberli, T. D., Jud, J., & Karlen, Y. (2023). Video-based classroom insights: Promoting self-regulated learning in the context of teachers' professional competences and students' skills in self-regulated learning. *Unterrichtswissenschaft, 52*(1), 39–63.
<https://doi.org/10.1007/s42010-023-00189-8>
- Bäuerlein, K., Brunner, S., Etter, B., Stebner, F., Weber, X., Wirth, J., & Karlen, Y. (2023). Förderung der diagnostischen Kompetenz von Lehrpersonen im selbstregulierten Lernen. In R. Porsch & P. Gollub (Ed.), *Professionalisierung und Professionalität im Lehrerberuf* (S. 159–177). Waxmann.
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- Karlen, Y., Bäuerlein, K., & Brunner, S. (2023). Teachers' assessment of self-regulated learning: Linking professional competences, assessment practices, and judgment accuracy. *Social Psychology of Education*. <https://doi.org/10.1007/s11218-023-09845-4>
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- Van der Beek, S., Bellhäuser, H., Karlen, Y., & Hertel, S. (2020). New ways in fostering self-regulated learning at university: How effective are web-based courses when compared to regular attendance-based courses? *Zeitschrift für Pädagogische Psychologie*, 34(2), 117–129. <https://doi.org/10.1024/1010-0652/a000254>

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- Karlen, Y. (2015). *Selbstreguliertes Lernen am Gymnasium. Eine Längsschnittuntersuchung bei Schülerinnen und Schülern der gymnasialen Oberstufe* [Dissertation]. Universität Zürich. <https://doi.org/10.5167/uzh-116351>
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Guest Editor / Special Issue

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- Karlen, Y., & Hertel, S. (2024). Inspiring self-regulated learning in everyday classrooms: Teachers' professional competences and promotion of self-regulated learning [Editorial]. *Unterrichtswissenschaft*, 52, 1–13. <https://doi.org/10.1007/s42010-024-00196-3>
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- Karlen, Y., & Hertel, S. (2018). Selbstreguliertes Lernen in unterschiedlichen Phasen des Bildungsverlaufs [Editorial]. *Unterrichtswissenschaft*, 46, 373–522. <https://doi.org/10.1007/s42010-018-0032-x>

Non-Peer-Reviewed Publications

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- Karlen, Y. (2026). *Gewusst wie! Selbstreguliertes Lernen im Schulalltag verankern*. hep.
- Karlen, Y., & Compagnoni, M. (2023). *Themenpapier Mindsets*. Im Auftrag des Volksschulamtes Kanton Zürich. Zürich.
- Karlen, Y., Bühlmann, F., Compagnoni, M., Pfaffhauser, R., Schuler, N., & Zimmerli, C. (2022). *Überfachliche Kompetenzen stärken. Anregungen für die Planung, Förderung und Einschätzung überfachlicher Kompetenzen*. Pädagogische Hochschule FHNW. <http://dx.doi.org/10.26041/fhnw-4237>
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- Karlen, Y., Hirt, C. N., Jud, J., & Zimmermann, S. (2021). Schülerinnen und Schüler für Herausforderungen befähigen. *BILDUNG SCHWEIZ*, 5, 28.
- Hirt, C. N., Jud, J., & Zimmermann, S., & Karlen, Y., (2021). Überfachliche Kompetenzen fördern. *Schulblatt AG/SO*, 5, 28.
- Bäuerlein, K., & Karlen, Y. (2020). Überfachliche Kompetenzen fördern und diagnostizieren. *Schulblatt AG/SO*, 4, 50.
- Karlen, Y., Maag Merki, K., Hirt, C. N., & Suter, F. (2018). Selbstreguliertes Lernen und Maturaarbeit – Ergebnisse einer Längsschnittstudie an Deutschschweizer Gymnasien. *Qi – Quartalsinformation Mittelschullehrpersonenverband Zürich*, 18(1), 50–57.
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Website, Audio Podcasts, and Software

- Karlen, Y. (2023 – today). CleveR Lernen. *Ein Diagnose- und Fördertool für das selbstregulierte Lernen* [Software]. Universität Zürich. <https://www.clever-selbstreguliert-lernen.ch/index>
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- Karlen, Y. (Host) (2022 – heute). *Kompetent?! Ein Bildungspodcast über aktuelle Themen rund um Bildung* [Audio-Podcast]. <https://podcasters.spotify.com/pod/show/yves-karlen>